



# CDPA Peer Mentoring

Consumers helping consumers succeed in self-direction

Powered by the Consumer Directed Personal Assistance Association of New York State

# About CDPA Peer Mentoring

#### WHAT IS PEER MENTORING?

CDPA Peer Mentoring connects CDPA consumers with an experienced consumer who is trained in coaching, active listening and program knowledge. Peer Mentors can help you with hiring, supervision & other challenges. They are available by phone and by email.

#### PEER MENTORS CAN HELP WITH:

- How to Enroll In CDPA
- Understanding the CDPA Program
- Recruitment & Hiring
- Advertising & Interviewing Assistants
- Training & Supervision
- Communication Skills
- Knowing Your Rights
- COVID-19 Related Issues
- And more!

#### IT WORKS

Peer Mentoring has been demonstrated to work across diverse sectors, from higher education to mental health recovery. CDPAANYS has a long and demonstrated history of running successful CDPA Peer Mentoring programs, and all Peer Mentors have completed a rigorous training to become coaching and subject matter experts.



# Call Today! 1-855-423-7733

CDPA Peer Mentors speak English & Spanish.

FREE phone interpretation is available in 200+ languages!

Send an Email peers@cdpaanys.org

### What Others Said

"Peer mentoring helps me manage my CDPA. I use it regularly!"

"This is a great program. The peer mentor is very helpful."

"I had been trying to enroll my father in CDPA for over a year. Working with a peer mentor, I was finally able to succeed."



## About CDPAANYS

The Consumer Directed Personal Assistance Association of New York State supports CDPA providers and recipients throughout New York State, offering supportive services, including, but not limited to: advocacy, systems change, and the promotion of consumer control and self determination.



### Contact CDPAANYS

CDPAANYS 119 Washington Avenue, Suite 3A Albany, NY 12210 (518) 813-9537 www.cdpaanys.org